

## **Working Through Challenging or Conflictual Co-Parenting Dynamics**

*Adele Lafrance, PhD, C.Psych*

**October 25, 2021 | 5:30-8:30pm CDT | 3 CE | Live Interactive Zoom Workshop**

### **Agenda:**

**5:30-6:00pm:** Welcome and Introductions,

**6:00-7:00:** Theoretical framework of Emotion Focused Family Therapy and problematic co-parenting dynamics

**7:00-7:45:** Tools and techniques to promote attitudinal and behavioral change in co-parents.

**7:45-8:30:** Tools and techniques to address potential reactions in clinicians navigating co-parenting dynamics.

### **About the Presentation:**

Join us for a three-hour, interactive webinar for clinicians by theory and practices from EFFT. This workshop is intended for clinicians and therapists working with parents of children and adolescents. Dr. Adele Lafrance will present a theoretical framework along with tools and techniques to promote attitudinal and behavioral change in caregivers experiencing challenges with co-parenting, including serious conflict. This workshop meets criteria towards certification through the International Institute for EFFT.

### **Learning Objectives:**

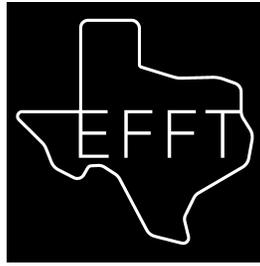
Following this presentation, participants will be able to...

1. Identify problematic patterns in a co-parenting dynamic.
2. Explain tools and techniques to promote attitudinal and behavioral change in co-parents.
3. Describe tools and techniques to address potential reactions clinicians may have in navigating difficult or challenging co-parenting dynamics

### **Available Continuing Education Credit:**

To earn CE credit, participants must log in at the scheduled time, attend the entire course and complete an online course evaluation which will be emailed to all participants following the webinar. Course evaluations will be returned by the participant to EFFT Texas, LLC at [info@efft-texas.com](mailto:info@efft-texas.com). Upon participant's completion of the course evaluation and a certificate will be issued. Certificates of completion will be emailed within 10 business days of course evaluation completion.

“Working Through Challenging or Conflictual Co-parenting Dynamics” has been approved by NBCC for NBCC credit. EFFT Texas, LLC is solely responsible for all aspects of the program.



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**Cost and Refund/Cancellation Policy –**

*The cost to participate in this activity is \$150.00. To register please visit <https://www.efft-texas.com/online-training>.*

*An administrative fee of \$25 will be charged for all cancellations. Cancellation 14 or more days prior to the workshop date – receive a refund, less \$25 administration fee. Cancellation less than 14 days prior to the workshop date – receive a credit, less \$25 administration fee, to be applied to a future workshop. No credit or refund will be issued if you do not notify us in advance of the workshop date. You may transfer your registration to another individual at no extra cost. In this case, please notify EFFT Texas, LLC of the name of the alternate person. The organizers reserve the right to cancel the event due to instructor illness, extreme weather, under-enrollment or other unforeseen circumstances. If a workshop is cancelled, any registration payment will be returned in full. Liability is limited to a refund of workshop/live-stream fees only.*

**Conflict of Interest**

*There is no conflict of interest in the presentations.*

**Commercial Interest**

*There is no commercial support for this activity.*

**Presenter(s):**

**Adele Lafrance, PhD, C.Psych**

Adele Lafrance, PhD is a research scientist, codeveloper of emotion-focused family therapy (EFFT), and licensed clinical psychologist. She is also a founding member of the International Institute for EFFT (<https://efftinternational.org>). Dr. Lafrance provides EFFT training for clinicians, school boards and mental health agencies worldwide. She has published extensively in the field and currently supports the research base for EFFT. Dr. Lafrance is regularly interviewed in the media and is a frequent speaker throughout the world. She also makes many practical resources for parents, caregivers and clinicians available on her website (without cost: [www.mentalhealthfoundations.ca](http://www.mentalhealthfoundations.ca)).