

Identifying and Working Through Problematic Parenting Patterns in Treatment



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Date: January 23, 2020

Location: SickKids CCMH Learning Institute
114 Maitland Street, second floor
Toronto, ON M4Y 1E1

Facilitator: Dr. Adele Lafrance, C.Psych.

ABOUT THE WORKSHOP

This training is intended for clinicians and therapists working with parents of children and adolescents. Facilitators will present tools and techniques to promote attitudinal and behavioral change in caregivers in a way that is supportive and productive. This training also includes a module with practical strategies to manage challenging or conflictual co-parenting dynamics that impact on child/adolescent development and mental health.

Learning Objectives:

- Identify markers of emotional processes underlying problematic patterns of caregiving / therapy-interfering behaviours in caregivers.
- Apply tools and techniques to transform problematic emotional processes fueling problematic patterns of behavior in caregivers.
- Apply tools and techniques to increase cooperation and collaboration between co-parents in serious conflict.
- Discuss ethical-legal considerations related to increased caregiver involvement, including when caregivers are severely under-resourced.

THIS COURSE IS SUITABLE FOR

Mental Health Professionals: Psychotherapists, counsellors, psychologists, social workers.

Medical Professionals: Nurses, psychiatrists, pediatricians, family doctors.

Direct Service Workers: Drop in workers, shelter/hostel workers, child and youth workers, youth justice workers.

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EARLY REGISTRATION FEES:*

General: \$250 | Student: \$225

*early registration fee offer expires on Dec 26, 2019

REGULAR REGISTRATION FEES:

General: \$275 | Student: \$247.50

MORE INFORMATION & ONLINE REGISTRATION:

www.cvent.com/d/bygyky

Email: mvanrooyen@sickkidscmhlearning.ca

Phone: 1-855-944-4673 ext. 8707

AGENDA

Morning:

Emotion-focused conceptualizations of problematic patterns of parenting.

Relevant research tools and techniques to promote attitudinal and behavioral change in caregivers

Introduction and Practice, Part 1.

Afternoon:

Tools and techniques to promote attitudinal and behavioral change in caregivers

Introduction and Practice, Part 2.

Video demonstration of a psychotherapeutic intervention to transform caregiver fear and self-blame.

Overview of an intervention to work through challenging or conflictual co-parenting dynamics.

THE FACILITATOR



Adele Lafrance, PhD., C.Psych.

Adele Lafrance, PhD, is a Clinical Psychologist, research scientist and published author. She is the co-developer of Emotion-Focused Family Therapy and developer of Emotion-Focused School Support. She is a founding member of the International Institute for Emotion-Focused Family Therapy (www.efftinternational.org).

Dr. Lafrance provides EFFT training for clinicians, school boards and mental health agencies worldwide. As a professor she teaches numerous courses on developmental and clinical psychology with a focus on family-oriented mental health care across the lifespan. She has published extensively in the field and currently supports the research base for EFFT. Dr. Lafrance is regularly interviewed in the media and is a frequent speaker throughout the world. She also makes many practical resources for parents, caregivers and clinicians available on her website (www.mentalhealthfoundations.ca)

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